



Evaluation of Alzheimer's disease

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Background

Alzheimer's is a disease that destroys the gray matter cells of the brain. The cause of this progressive disease is the deposition of a substance called amyloid, which causes the destruction of gray matter cells in the brain. An important feature of this disease is the change of structure from soluble to oligomers ($A\beta$) of the spatial protein A-beta protofibrils or fibrils, which accumulate in the form of insoluble plaques in the brain. There is no known cure for Alzheimer's. However, your doctor may prescribe other medications and treatments to help reduce symptoms and delay the progression of the disease as much as possible.

Materials and Methods

The material is collected in the form of a library.

Results

The results show that many environmental factors including the amount metals and vitamins due to cellular processes in the occurrence and prevention. They are involved in Alzheimer's disease.

Conclusion

What is clear is that this complication gets worse over time. But treatment can delay symptoms and improve quality of life. And for this reason it is recommended that foods containing metals it is necessary to use to prevent this disease. On the other hand, it should be noted that excessive consumption of nutrients causes dangerous accumulations in brain cells.

References

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